

## MOPS Speakers

**Tasse Anderberg** ~ Staying the Course Through the Storm & Calm  
North Heights Lutheran Church Women's Ministries Office at 651-582-3764  
[www.webwomenconnect.com](http://www.webwomenconnect.com)

**Bonnie Axelson** ~ Home & Time Management and Friendship  
952-942-5517 or [bonnyaxelson@earthlink.net](mailto:bonnyaxelson@earthlink.net)

**Angela Barberg** ~ Music Together  
763-529-2240  
[www.familymusiccenter.com](http://www.familymusiccenter.com)

**Beth Brown** ~ Children's Spirituality  
612-827-4705 or [beth.brown@firstfreechurch.org](mailto:beth.brown@firstfreechurch.org)  
[www.firstfreechurch.org](http://www.firstfreechurch.org)

**Tricia Corder** ~ Shaping Up (*Fitness Classes*)  
Grace Church of Eden Prairie 9301 Eden Prairie Road Eden Prairie, MN 55347  
952-401-9601 or [shapingup@earthlink.net](mailto:shapingup@earthlink.net)

**Mary Anne Elder** ~ Nurse Practitioner (*Allergy & Asthma Specialists, PA*)  
825 Nicollet Mall Suite 1149 Minneapolis, MN 55402  
612-338-3333

**Jenny Freidman** ~ Family Volunteering (*Author of The Busy Family's Guide to Volunteering*)  
Doing Good Together 5141 16th Avenue South Minneapolis, MN 55417  
To contact Doing Good Together: 612-822-6502 [mail@doinggoodtogether.org](mailto:mail@doinggoodtogether.org)  
[www.doinggoodtogether.org](http://www.doinggoodtogether.org)

**Greater Minneapolis Crisis Nursery** works in partnership with parents in crisis and the community to strengthen families and prevent child abuse and neglect.  
[www.crisisnursery.org](http://www.crisisnursery.org) 24-Hour Parent Helpline: 763-591-0100  
To discuss giving opportunities, please call the Development Office at 763-226-2074  
To Volunteer contact, Volunteer Services Manager via [volunteer@crisisnursery.org](mailto:volunteer@crisisnursery.org) or by phone at 763-226-2062

**Bill & Joyce Harley** ~ Marriage Builders Radio & Books  
[www.marriagebuilders.com](http://www.marriagebuilders.com)

**Barb Helms-Bot** ~ Health & Nutrition ([www.fuzzyslippersforever.com](http://www.fuzzyslippersforever.com))  
763-537-3918 or [bhelmbot@msn.com](mailto:bhelmbot@msn.com)

**Jennifer Harmening** ~ Personality & Parenting Type (*LifeKeys Volunteer Counselor and Speaker - "Discover Who You Are"*), Passions During Motherhood, A Season of Waiting & Transition, and How Values Affect Our Parenting & Marriage

[harmeningj@comcast.net](mailto:harmeningj@comcast.net)

[www.lifekeys.com](http://www.lifekeys.com)

[www.motherstyles.com](http://www.motherstyles.com)

**Glenn Hultstrand** ~ Dentist

8120 Penn Ave S Bloomington, MN 55431

952-746-8188

**Jim & Lynne Jackson** ~ Parenting Experts (*Authors of Parenting for Real Life: How to grow a strong, connected family in today's crazy world*)

Office (952) 448-3625

Check out their website and where they are speaking go to [www.crossgeneration.org](http://www.crossgeneration.org)

**Jill Jerabek** ~ Certified Fearless Living Life Coach (*Empowering women and their families to live the life they choose*)

651-414-0687 or [jilljerabek@comcast.net](mailto:jilljerabek@comcast.net)

Offers private coaching, groups, and speaking at events. Contact her for a free introductory session!

**Caroline Mandich** ~ In-Law Relationships

952-835-1578 or [caroline@earthlink.net](mailto:caroline@earthlink.net)

**Minnesota Grown** ~ Locally Grown & Community Supported Agriculture

[www3.mda.state.mn.us/mngrown/](http://www3.mda.state.mn.us/mngrown/)

**Dana Neve** ~ Fresh & Healthy Meal Planning

[dneve@comcast.net](mailto:dneve@comcast.net)

**Christopher Pankratz** ~ College Financial Planning

3900 Northwoods Drive Suite 125 Arden Hills, MN 55112

Office: (651) 481-6286 or [chris@fdg-advisors.com](mailto:chris@fdg-advisors.com)

**Lynette Peterson** ~ Gardening With Your Kids Plus Additional Practical Gardening Tips

[glgpeterson@comcast.net](mailto:glgpeterson@comcast.net)

**Julie Ptylak** ~ Firm House In Order

612-250-8771 or [jphouseinorder@yahoo.com](mailto:jphouseinorder@yahoo.com)

**Kelly Schulte** ~ Kingdom Kids Nutrition

612-363-3977

Kingdom Kids Nutrition is on Facebook

**Ivy Toquam** ~ First Impressions (*Enhancing your image*)  
3001 White Bear Ave N Ste T07R Maplewood, MN 55109  
(651) 777-3779

**Carol Watson** ~ Missing Children MN (*Personal Safety for Children & Child Id Kits*)  
(612) 334-9449

## **Adoption Panel**

**Kiley Krocak** ~ New Life Family Services  
1515 East 66th Street Richfield, MN 55423  
612-866-7643  
[www.nlfs.org](http://www.nlfs.org)

**Hannah Pankratz** ~ Shared her personal adoption experience  
651-587-8952 or [hb779@hotmail.com](mailto:hb779@hotmail.com)

**Becky Sutton** ~ Shared her personal foreign adoption experience  
(612) 822-0767

## **Education Choice Panel**

**Lucinda Anderson** ~ Lake Country Montessori School (*Admission Director*)  
(612) 827-3707 or [admissions@lakecountryschool.org](mailto:admissions@lakecountryschool.org)  
[www.lakecountryschool.org](http://www.lakecountryschool.org)

**Peggy Ployhar** ~ MN Association of Christian Home Educators (*Special Needs Coordinator*) (952) 686- 5822 [peggy.ployhar@gmail.com](mailto:peggy.ployhar@gmail.com)  
[www.mache.org](http://www.mache.org)

**Heidi Shannon** ~ Minnehaha Academy (*Admission Counselor*)  
(612) 728-7758 or [Shannon-Heidi@MinnehahaAcademy.net](mailto:Shannon-Heidi@MinnehahaAcademy.net)  
[www.minnehahaacademy.net](http://www.minnehahaacademy.net)

**Jackie Turner** ~ Minneapolis Public Schools (*Student Placement*)  
(612) 668-1840 or [Jackie.Turner@mpls.k12.mn.us](mailto:Jackie.Turner@mpls.k12.mn.us)  
[www.mpls.k12.mn.us](http://www.mpls.k12.mn.us)

## **Spa Day Vendors**

**Jennifer Dotto, D.C.** ~ Twin Cities Chiropractic & Nutrition (*Variety of Services*)

**Alexis Clarksean** (Massage Therapist from Twin Cities Chiropractic & Nutrition)

612-240-7133 or [drjenniferdotto@gmail.com](mailto:drjenniferdotto@gmail.com)

<http://www.chiroandnutrition.com/>

**Katie Goodman** ~ 1154 LILL STUDIO (*Custom Handbags*)

612-702-8389 or [jkgoodman06@gmail.com](mailto:jkgoodman06@gmail.com)

**Sue Jacob** ~ Melaleuca Consultant

952-445-3449 or [suejacob@mchsi.com](mailto:suejacob@mchsi.com)

**Jacki Olbekson** ~ Hair Stylist (*Doing Hair in Home Now*)

612-481-5446 or [jlolbekson@yahoo.com](mailto:jlolbekson@yahoo.com)

**Scentsy** ~ Wickless Candles

[www.scentsy.net](http://www.scentsy.net)

**Amy Schroeder** ~ Foot Reflexologist, Willow Reflexology (*She shares space with Curves on 54<sup>th</sup> St. & Chicago Ave*)

651-238-0108

**Scott & Roxanne Sheldon** ~ Sheldon Design and Repair Located in Roseville (*Ring Cleaning & Repair Assessment*)

651-644-8297

**Erica Joy Twietmeyer** ~ Mary Kay Independent Beauty Consultant

612-716-5574 or [Ericajoy@marykay.com](mailto:Ericajoy@marykay.com)

[www.marykay.com/ericajoy](http://www.marykay.com/ericajoy)

**Darcy Wood** ~ Mary Kay Facials & Satin Hands

612-220-3085 [darcy@apairofhands.com](mailto:darcy@apairofhands.com)